# Farmers' Markets and Locally Grown Food Opportunities



## **West Valley Farmers' Markets**

Visiting a farmers' market is a great way to find locally grown produce, purchase ultra-fresh food, and support the local economy.

### <u>Glendale</u>

Twilight Farmers' Market at the Citadelle Plaza

**Location:** The Citadelle Plaza (59th Avenue and Utopia).

19420 N 59th Avenue, Glendale, AZ 85308

When: Wednesdays, 4 to 8 pm

**Information:** www.arizonafarmersmarkets.com/

**Westgate Farmer's Market** 

Location: Fountain Park 6770 N Sunset Blvd

**Hours:** 10 am – 2 pm

When: October - May, Second Saturday of the month

**Information:** www.azfarmersmarkets.us, http://tinyurl.com/OurCalendars

E-mail: Monique Lightner at mmevents@juno.com

West Side Farmers Market Location: 2209 99th Avenue

When: Third Thursday every month starting Feb 18th

**Hours:** 10 am- 2 pm

**Information:** www.azfarmersmarkets.us, http://tinyurl.com/OurCalendars

E-mail: Monique Lightner at mmevents@juno.com

**Downtown Glendale Farmers' Market** 

**Location:** 5734 W. Glendale Ave (Mad Hatters' parking lot)

When: Saturdays 8 am - Noon

**Information:** <u>www.arizonafarmersmarkets.com</u>

#### Goodyear

**Pebble Creek Farmers' Market at Tucscany Falls** 

**Location:** 16222 Clubhouse Dr. (parking lot west of Toscana Grill)

**When:** Third Saturday of the month (October 17 – April 17)

Hours: 8 am - Noon

**Information:** www.azfarmersmarkets.us, http://tinyurl.com/OurCalendars

**E-mail:** Monique Lightner at <a href="mailto:mmevents@juno.com">mmevents@juno.com</a>

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## **West Valley Farmers' Markets (Continued)**

#### <u>Peoria</u>

**Vistancia Country Club Farmers' Market at Trilogy** 

Location: 12902 W Yellow Bird Lane

**When:** 4th Saturday of every month (September 19 – July)

**Hours:** 10 am - 2 pm

**Information:** www.azfarmersmarkets.us, http://tinyurl.com/OurCalendars

**E-mail:** Monique Lightner at mmevents@juno.com

**Momma's Organic Market** 

**Location:** 9744 W. Northern Ave., at Park West, just west of Loop 101 and Northern)

**When:** Every 3rd Sat. of the month (September – April)

**Hours:** 9 a.m. - 2 p.m.

Information:Info@mommasorganicmarket.com, www.mommasorganicmarket.com

### **West Valley Community Supported Agriculture**

Community Supported Agriculture (CSA) allows consumers the unique opportunity to purchase fresh, seasonally grown produce directly from a local farmer.

**Crooked Sky Farms** 

Web: http://crookedskyfarms.com/csf/index.php

**Litchfield Park Orgainics** 

Web: <a href="http://www.healthyharvestorganics.com">http://www.healthyharvestorganics.com</a>

**Whole Earth Community Supported Agriculture** 

Web: <a href="http://wholeearthcsa.com">http://wholeearthcsa.com</a>

### **West Valley Pick Your Own Farms**

At 'pick your own farms,' you get to harvest your own produce. Be sure to contact the farm beforehand to learn what produce is available and their hours of operation.

#### **Tolmachoff Farms**

5726 N. 75th Ave. Glendale, AZ. 85303

1/4 mile south of Bethany Home Road on the west side of 75th Ave.

Phone: 623-386-1301

**Email:** tolmachoff1farms@aol.com **Web:** http://www.tolmachoff-farms.com/

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### **Online Resources**

Arizona Farm Bureau - Fill Your Plate - <a href="http://www.fillyourplate.org/">http://www.fillyourplate.org/</a>

A listing of local farmers, recipes, farmers' markets, including a "chat with a farmer" feature.

Arizona Local Food – <a href="http://www.arizonalocalfood.com/">http://www.arizonalocalfood.com/</a>

Good resource for finding locally-grown organic produce and other foods.

Arizona Specialty Crop Guide - <a href="http://www.azda.gov/Main/Specialty\_Crop\_Guide.pdf">http://www.azda.gov/Main/Specialty\_Crop\_Guide.pdf</a>

A listing of farmers' markets and "Pick Your Own Farms" throughout Arizona, including a helpful harvest schedule for fruits, herbs, and vegetables.

**Community Food Connections** - <a href="http://www.foodconnect.org/farmers\_markets/locator.asp">http://www.foodconnect.org/farmers\_markets/locator.asp</a> A listing of farmers' markets throughout Arizona.

Foodroutes - http://www.foodroutes.org/

Good resource for finding locally-grown organic produce and other foods.